

WHAT'S KEPT US GOING IN 2021

Over the course of the past year, we have asked all of our members to submit everything that has kept them going through both the good and the bad days. Below is a compilation of everything that has kept FAPAC-DOI going! Feel free to take a moment to watch, read, listen, cook and do! Happy Holidays from the FAPAC-DOI Board!



What We've Watched

[Be Water](#) (ESPN documentary)
[Warrior](#) (Action-drama TV series)
[Over the Moon](#) (Netflix movie)
[Always Be My Maybe](#) (Netflix movie)
[Offspring](#) (Netflix show)
[Long Way Up](#) (Apple TV series)
[The Great British Baking Show](#) (British TV baking competition)
[The Chosen](#): show about Jesus on the App store
[Profs and Pints](#): online lectures and virtual tours
[Finding Ohana](#): Netflix film about a Hawaiian family
[Asian Boss](#): Meet Japan's Only Wheelchair Idol
[Love, Victor](#): Hulu drama about an LGBTQ+ teen
[Kim's Convenience](#): Netflix show about a Korean-Canadian family
[Miss Pat Chin Helped Reggae Become a Globally Celebrated Genre](#)
[#AZNxBLM project](#)
[Shadow and Bone](#): star Jessie Mei Li on why it's important Alina is mixed-race
[Late Night with Seth Meyers: Secretary Haaland on being the first Native American Secretary in the U.S. Cabinet](#)
[14 Peaks: Fearless Nepali mountaineer Nimsdai Purja](#)
[The Speed Cubers](#)
[Grit: the power of passion and perseverance by Angela Lee Duckworth](#)



More Of What We've Watched cont.:

[Fever Pitch](#)

[Field of Dreams](#)

[Moneyball](#)

[The Sandlot](#)

[42](#)

[Giri/Haji: British crime thriller show on Netflix](#)

[AuREUS System Technology: 2020 sustainability winner](#)

[Stanley Tucci: Searching for Italy](#)

[History of the Sitcom](#)

[Marvel Studio's Black Widow](#)

[Raya and the Last Dragon](#)

[The Tomorrow War](#)

[Priya Krishna and Her Mom Explore 'Indian-ish' Food](#)

[Explore the tools Rajiv Surendra uses to make traditional Tamil food](#)

[Astronaut Dr. Leroy Chiao talks about returning to life on Earth](#)

[#ChangeDestiny series](#)

[Recipe For Change: Dine with Hasan Minhaj, Eugene Lee Yang, and Michelle Kwan](#)

[Live underwater webcam off the Kona coast](#)

[Make Squid Game Dalgona candy in 5 min!](#)

[The crane that fell for her keeper](#)

[Maid \(Netflix\)](#)

[How China's Queer Youth Built an Underground Ballroom Scene](#)

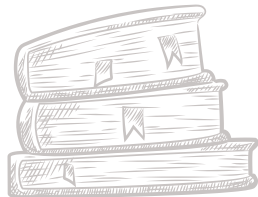
[Island Soldier](#)

[Donut King \(Hulu\)](#)

[Mr. Robot](#)

[Ted Lasso](#)





What We've Been Reading:

Never Let Me Go by Kazuo Ishiguro

Milestone at Palmyra: One Million Coconut Palms Removed

Newbery Medal winning books (The Westing Game, Bridge to Tarabithia, etc.)

An unexpected visit: commercial airline safely diverted to Midway Atoll

His Dark Materials series by Philip Pullman

Boston Elects first Asian American and Woman as Mayor

Mind Over Mood by Dennis Greenberger

The Powerful Purpose of Introverts: Why the World Needs You to Be You by
Holley Gerth

Running the Boston Marathon to remember Indigenous Peoples' Day

Data Points to Disparities among Asian Americans

The First 90 Days by Michael D. Watkins

Hate crimes and pandemic lead more Asian Americans to seek therapy

Everybody Always by Bob Goff

What It Means to be From Two Places at Once

St. Paul native Suni Lee inspires Hmong community at Olympic trials

Lead from the Outside by Stacey Abrams

What I Gained From Self Defense Class in the Wake of Anti-Asian Attacks

Fat Bear Week

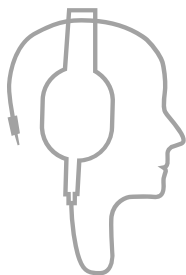
Heart Talk by Cleo Wade

Self Care Checklist

"No More House Sparrow"

Grit: the power of passion and perseverance by Angela Lee Duckworth

A Daughter's Journey to Reclaim Her Heritage Language



What We've Listened to:

[Electric Light Orchestra \(artist\)](#)

[I Punched Keanu Reeves \(song\)](#)

[Unlocking Us](#) by Brene Brown (podcast)

[NPR's Life Kit: How to Work Less and De-Stress](#)

[Self Evident: Asian America's Stories](#)

["Next to Me"](#) by Jordan Felix

[Remembering Corky Lee: Legendary Photographer of Asian](#)

[American Life](#)

[All Things Considered: the Brooklyn librarian who became a star](#)

[Studio Ghibli soundtracks: great listen while working](#)

[Moana soundtrack: great listen for boosting mood](#)

[The Power of God's Names](#) by Tony Evans

[Leader Shift](#) by John C. Maxwell

[Quiet: The Power of Introverts in a World That Can't Stop Talking](#) by

[Susan Cain](#)

[Gospel Song](#) by Rhett Walker

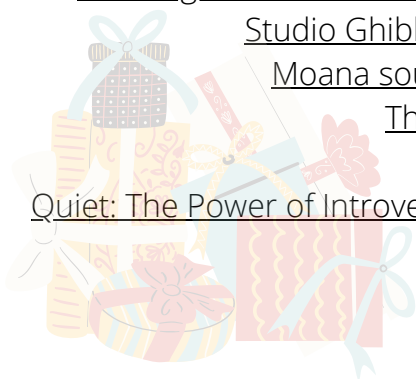
[Miracles](#) by Colton Dixon

[Who](#) by Donny Osmond

[Asian Enough Podcast](#)

[A Very Teddy Christmans](#) by Teddy Swims

[Adele's 30 album](#)



What We've Been Eating:

[Instant Pot Minestrone Soup](#)

[Pressure Cooker Chicken Pho](#)

[Spinach Ohitashi \(Japanese recipe\)](#)

[Sesame Shishito Peppers and Snow Peas \(See FAPAC-DOI](#)

[July Newsletter\)](#)



What We've Been Doing:

21 in 21: Exploring 21 new places in 2021 (e.g. state parks, nature trails, unexplored local areas)

Diversity, Equity, Inclusion, Other:

What AAPI Heritage Month Means to Ben's Chili Bowl's Sage Ali

Combatting Hate: Key Federal Government Resources

Remarks by President Biden at Signing of the Juneteenth Act

Deputy National Security Advisor on Supporting the AAPI Community

Asian American and Pacific Islander Heritage: U.S. National Park Service

20 Suffragists To Know for 2020: U.S. National Park Service

The Chinese Exclusion Act: NPR One

Vice Pres. Harris' encouragement to Asian Americans

Biden signs Hate Crimes Bill amid attacks on Asian Americans

Remarks by Pres. Biden at signing of the COVID-19 Hate Crimes Act

Readout of White House Meeting with Asian American, Native Hawaiian,
and Pacific Islander Leaders

Revocation of Executive Order 13950

STOP AAPI HATE

Readout of the White House's Listening Session on Rising Hate Crimes
and Incidents Against Asian American Communities

Judiciary Hearing on Discrimination and Violence Against Asian Americans

Governor Newsom Signs AAPI Equity Budget

Executive Order on DEI and Accessibility in the Federal Workforce

"Historic investment": California allocates millions to fight anti-Asian hate

DOI-NAHE National Association of Hispanic Employees ERG

WOC in EEB Slack

The newest Asian American muppet, Ji-Young

