What's Kept Us Going in 2021

Over the course of the past year, we have asked all of our members to submit everything that has kept them going through both the good and the bad days. Below is a compilation of everything that has kept FAPAC-DOI going! Feel free to take a moment to watch, read, listen, cook and do! Happy Holidays from the FAPAC-DOI Board!

What We've Watched

Be Water (ESPN documentary)
Warrior (Action-drama TV series)
Over the Moon (Netflix movie)
Always Be My Maybe (Netflix movie)
Offspring (Netflix show)
Long Way Up (Apple TV series)
The Great British Baking Show (British TV baking competition)
The Chosen: show about Jesus on the App store
Profs and Pints: online lectures and virtual tours
Finding Ohana: Netflix film about a Hawaiian family
Asian Boss: Meet Japan’s Only Wheelchair Idol
Love, Victor: Hulu drama about an LGBTQ+ teen
Kim’s Convenience: Netflix show about a Korean-Canadian family
Miss Pat Chin Helped Reggae Become a Globally Celebrated Genre
#AZNxBLM project
Shadow and Bone: star Jessie Mei Li on why it’s important Alina is mixed-race
Late Night with Seth Meyers: Secretary Haaland on being the first Native American Secretary in the U.S. Cabinet
14 Peaks: Fearless Nepali mountaineer Nimsdai Purja
The Speed Cubers
Grit: the power of passion and perseverance by Angela Lee Duckworth
More Of What We've Watched cont.:

Fever Pitch
Field of Dreams
Moneyball
The Sandlot
42
Giri/Haji: British crime thriller show on Netflix
AuREUS System Technology: 2020 sustainability winner
Stanley Tucci: Searching for Italy
History of the Sitcom
Marvel Studio's Black Widow
Raya and the Last Dragon
The Tomorrow War
Priya Krishna and Her Mom Explore ‘Indian-ish’ Food
Explore the tools Rajiv Surendra uses to make traditional Tamil food
Astronaut Dr. Leroy Chiao talks about returning to life on Earth
#ChangeDestiny series
Recipe For Change: Dine with Hasan Minhaj, Eugene Lee Yang, and Michelle Kwan
Live underwater webcam off the Kona coast
Make Squid Game Dalgona candy in 5 min!
The crane that fell for her keeper
Maid (Netflix)
How China’s Queer Youth Built an Underground Ballroom Scene
Island Soldier
Donut King (Hulu)
Mr. Robot
Ted Lasso
What We've Been Reading:

Never Let Me Go by Kazuo Ishiguro

Milestone at Palmyra: One Million Coconut Palms Removed

Newbery Medal winning books (The Westing Game, Bridge to Tarabithia, etc.)

An unexpected visit: commercial airline safely diverted to Midway Atoll

His Dark Materials series by Philip Pullman

Boston Elects first Asian American and Woman as Mayor

Mind Over Mood by Dennis Greenberger

The Powerful Purpose of Introverts: Why the World Needs You to Be You by Holley Gerth

Running the Boston Marathon to remember Indigenous Peoples’ Day

Data Points to Disparities among Asian Americans

The First 90 Days by Michael D. Watkins

Hate crimes and pandemic lead more Asian Americans to seek therapy

Everybody Always by Bob Goff

What It Means to be From Two Places at Once

St. Paul native Suni Lee inspires Hmong community at Olympic trials

Lead from the Outside by Stacey Abrams

What I Gained From Self Defense Class in the Wake of Anti-Asian Attacks

Fat Bear Week

Heart Talk by Cleo Wade

Self Care Checklist

“No More House Sparrow”

Grit: the power of passion and perseverance by Angela Lee Duckworth

A Daughter’s Journey to Reclaim Her Heritage Language
What We’ve Listened to:
- Electric Light Orchestra (artist)
- I Punched Keanu Reeves (song)
- Unlocking Us by Brene Brown (podcast)
- NPR’s Life Kit: How to Work Less and De-Stress
- Self Evident: Asian America’s Stories
- “Next to Me” by Jordan Felix
- Remembering Corky Lee: Legendary Photographer of Asian American Life
- All Things Considered: the Brooklyn librarian who became a star
- Studio Ghibli soundtracks: great listen while working
- Moana soundtrack: great listen for boosting mood
- The Power of God’s Names by Tony Evans
- Leader Shift by John C. Maxwell
- Quiet: The Power of Introverts in a World That Can’t Stop Talking by Susan Cain
- Gospel Song by Rhett Walker
- Miracles by Colton Dixon
- Who by Donny Osmond
- Asian Enough Podcast
- A Very Teddy Christmans by Teddy Swims
- Adele’s 30 album

What We’ve Been Eating:
- Instant Pot Minestrone Soup
- Pressure Cooker Chicken Pho
- Spinach Ohitashi (Japanese recipe)
- Sesame Shishito Peppers and Snow Peas (See FAPAC-DOI July Newsletter)

What We’ve Been Doing:
- 21 in 21: Exploring 21 new places in 2021 (e.g. state parks, nature trails, unexplored local areas)
What AAPI Heritage Month Means to Ben’s Chili Bowl’s Sage Ali
Combatting Hate: Key Federal Government Resources
Remarks by President Biden at Signing of the Juneteenth Act
Deputy National Security Advisor on Supporting the AAPI Community
Asian American and Pacific Islander Heritage: U.S. National Park Service
20 Suffragists To Know for 2020: U.S. National Park Service
The Chinese Exclusion Act: NPR One
Vice Pres. Harris’ encouragement to Asian Americans
Biden signs Hate Crimes Bill amid attacks on Asian Americans
Remarks by Pres. Biden at signing of the COVID-19 Hate Crimes Act
Readout of White House Meeting with Asian American, Native Hawaiian, and Pacific Islander Leaders
Revocation of Executive Order 13950
STOP AAPI HATE
Readout of the White House’s Listening Session on Rising Hate Crimes and Incidents Against Asian American Communities
Judiciary Hearing on Discrimination and Violence Against Asian Americans
Governor Newsom Signs AAPI Equity Budget
Executive Order on DEI and Accessibility in the Federal Workforce
“Historic investment”: California allocates millions to fight anti-Asian hate
DOI-NAHE National Association of Hispanic Employees ERG
WOC in EEB Slack
The newest Asian American muppet, Ji-Young